

The Trinity of Man-Part 2 (body, soul, spirit)



God made you in His image. God is Trinity; Father, Son, Holy Spirit. You are trinity; body, soul, spirit. There is great benefit in understanding this truth, but only if you allow it to shape the way that we see yourself and to guide your relationship with the Lord and others. The Bible reveals who God is while exposing who you are. Knowing this, seek to apply what it says. What can you do with the understanding that you are body, soul and spirit? Application, Application, Application:

- **PRESENT YOUR BODY** for the service of the Lord; **Romans 12:1-2** *I beseech you therefore brethren, by the mercies of God, that you **present your bodies** a living sacrifice... which is your reasonable service. **God doesn't want you to die for Him. He wants you to live for Him.***
- **REST YOUR SOUL** by presenting your body; **Mathew 11:28-29** *Come to me, all you who labor and are heavy laden... and you will find rest for your souls. **The work of the kingdom brings rest to the soul.***
- **EXERCISE YOUR SPIRIT** by resting your soul; **Hebrews 5: 12-14** *But solid food belongs to those who are of full age, that is, those who **by reason of use have their senses exercised**... **Exercise by resting... Rest by exercising.***

You are fearfully and wonderfully made by God and He made you; body, soul, spirit... and each affects the other. Present your body to rest your soul that your spirit may be edified and fix your body.

May you be richly blessed this day, Pastor Gene