

Flesh Man vs. Spirit Man

Walking Like Jesus and Not Like Adam

Introduction: In his writings, the great Apostle Paul wondered why he would sometimes not do what he knew he should do while doing what he knew he should not do. There is an ongoing battle between the believer's old man which is of the flesh and his or her new man which is of the Spirit. Jesus came that you would be set free from the influences and consequences that caused you to call on Him in the first place. Three things to consider when you find yourself struggling with your old man.

- Adam is the prototype of your old man. **Romans 5:12** *Therefore, just as through one man sin entered the world, and death through sin, and thus death spread to all men, because all men sinned...* When Adam, sinned his nature was changed and all men after him took on that same sin nature. It is this sin nature that causes a separation from God. Adam was cast out by God because of his fallenness.

Don't walk like Adam walked.

- Jesus is the prototype of your new man. **Romans 6:6** *...knowing this, that our old man was crucified with Him, that the body of sin might be done away with...* Jesus dies so your old man's nature would be done away with. God's will for you is newness of life that doesn't look like your old life. When you came to Jesus, you were made a new creation and it is the new you who has the power to put away the old man and to walk in the new man.

Let Adam out and let Jesus in.

- How can you walk in the new man? **Gal 5:16** *I say then ' walk in the Spirit, and you shall not fulfill the lust of the flesh...* God will never tell you to do something that He hasn't given you the ability to do. Because the Holy Spirit lives in the believer, he or she can choose to enter into fellowship with and walk in Him at any time. This can only happen when you are being spiritual like Jesus and not carnal like Adam.

Adam is carnal. Jesus is Spiritual.

The Christian experience is a lifelong faith-journey that is filled with mountains of victories and valleys that challenge each of us. As we learn to trust God and not lean on our own understanding, He will direct our steps out of those valleys and onto the heights of His plans and purposes. Adam had amazing promises before him yet he chose the downward course of disobedience. When Jesus walked, He set a new course before you. Walk in the Spirit. Walk in obedience and you will reach your true destiny.